

# COMMUNITY OUTREACH EDUCATION

Mark Erik Meijer, M.D.

*"Diabetes is not only a genetic disorder, it is an eating disorder!"*



## PREVENTION & TREATMENT OF DIABETES

*Eat like an American, Die like an American*

- Diabetes & Obesity are out of control.
- What about our children?
- Learn why diet is the **MOST** important way of treating & preventing diabetes and practical ways of dealing with this disease.

DATE:

TIME:


PLACE:

*Eat to Live, Don't Live to Eat!*

SPEAKER:  Dr. Mark Erik Meijer, Family Practice Physician

Noted speaker and author of TEN STEPS to Control Diabetes

You do not have to register to attend, but to help us prepare, registration would be appreciated.  
To register or for more information, call




\$18.85 Self-Help  
(bulk discounts)

**TEN STEPS to Control Diabetes**

Mark Erik Meijer, MD  
MeMend Books

order@diabetesbook.info P.O. Box 265  
www.diabetesbook.info Roxboro, NC 27573



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